



INTERNAL GARDEN

Internal Garden is a sound art project exploring plants, human connection and being alive.

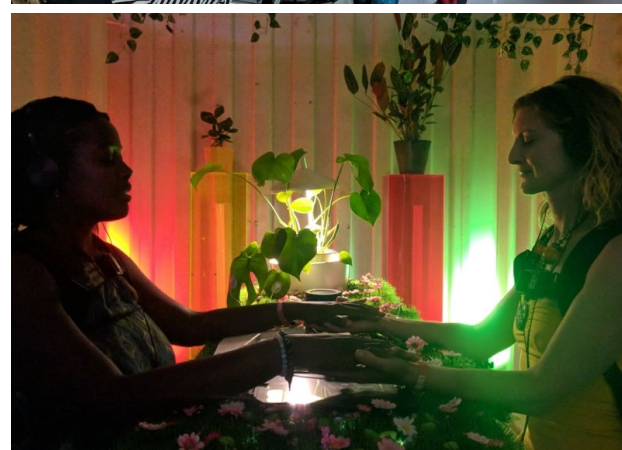
Its aim is to create a new sense of wellbeing using technology and nature.

Internal Garden creates new connections with people and plants.

Internal Garden is led by artist Justin Wiggan.

Internal garden uses specialist equipment creating sounds from plants.

Internal garden uses SUBPAC vests to turn sound into vibration.



In film (with captions and audio description)
Justin explains Internal Garden



The film is about connecting more people
with heritage, nature and sound art.